

# The Nation's Favourite Takeaways

Report – The Daily Mirror



Britain's favourite takeaway has been revealed (Image: Getty)

Chinese food has come top in a poll of Britain's favourite takeaways.

A poll of 2,000 Brits found that Chinese was 'far and away' the top takeaway for Brits, with **35 per cent** of the vote.

Indian food came in second, with **24 per cent**, with pizza in third spot with **13 per cent**.

The survey by Paymentsense, a low cost card payment service, used by more than 50,000 small businesses in the UK also found that most people still call a takeaway to place an order rather than using an app or ordering online.

The poll found that 57 per cent of Brits call up the takeaway to order food to be delivered, with 25 per cent simply walking to the takeaway and 18 per cent booking online or using an app to order food for delivery.



British people love a Chinese takeaway (Image: Getty)

Indian was the second favourite choice (Image: Getty)



Pizza was number three  
(Image: Getty)

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The survey found that the average Brit orders a takeaway at least once a week, with men more likely to order than women - although women spent more than men.

The average amount spent on takeaways in a year came to just over £500.

Gareth Varley, 34, of Hertford, Herts, said: "I usually get at least one takeaway a week - usually an Indian or a Chinese on a Friday night. "If I had money to burn I'd get a takeaway every night, it beats cooking and washing up pots and pans."

### The top 10 takeaways

Chinese - 35 per cent

Indian - 24 per cent

Pizza - 13 per cent

Fish and Chips - 7 per cent

English - 4 per cent

Italian - 4 per cent

Burgers - 3 per cent

Thai - 2 per cent

Mexican - 1 per cent

Turkish - 1 per cent

## Tasks

- Find examples of favourite takeaways
- Analyse whether favourite takeaways provide a balanced meal
- What may be unhealthy in the meal
- Find out how to cook the meal from scratch yourself
- How would your own meal be healthier
- How much money might you save