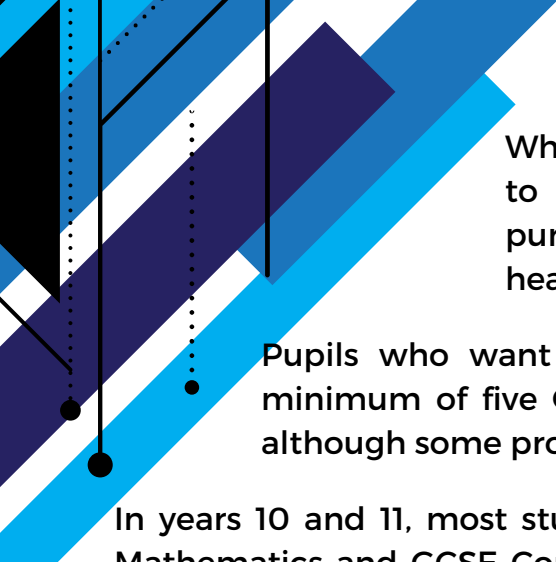




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# **CURRICULUM GUIDANCE**



When thinking about key stage 4 option choices it can be useful to know that as a general 'rule of thumb', pupils need to be pursuing five GCSEs or equivalent, depending on their individual health needs. This allows for a greater choice of study post-16.

Pupils who want to pursue A Levels (or similar) after Pilgrim, will need a minimum of five GCSEs, including English and Maths, usually at grades 5 - 9, although some providers might accept a level 4.

In years 10 and 11, most students will study GCSE English Language, English Literature, Mathematics and GCSE Combined Science. Pupils will also study a course of PSHE and Careers.

This means you can have up to two choices of additional subjects to study. If you do then you will be on a full timetable. Although this may present a challenge, we think it is one you ought to consider.

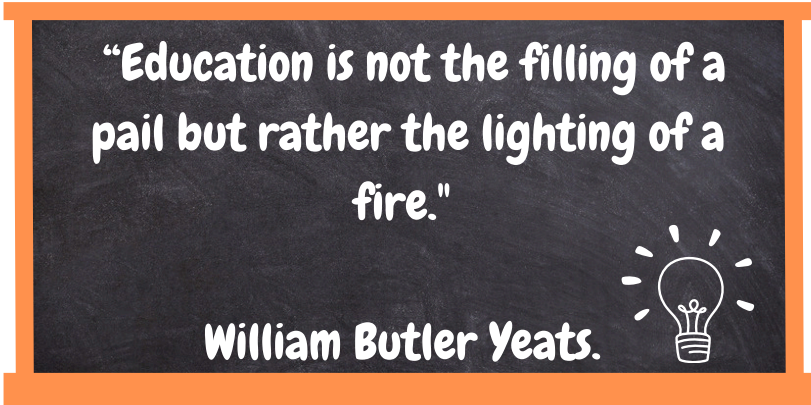
At Pilgrim we recognise that pupils may have additional needs beyond the traditional subjects. We offer a bespoke programme for pupils who would benefit called 'Wellbeing on Wednesdays'. Read the details in this booklet and speak to your Academic link or PSWS - this will be offered where appropriate through our intervention programme.

Identified pupils may have additional lessons during school time to help them with aspects of literacy or numeracy skills that they may need enhancing. However, most needs will be met in the usual lesson. Pupils and parents/carers will be contacted if the school feel this is an appropriate part of a pupil's curriculum.

Finally, this is just one part of guidance we offer pupils at Pilgrim. You will have the opportunity for careers education in PSHE, a careers advice interview, work experience and the chance to attend a Careers Fair or activities during Careers Week depending, of course, on when you join us during the year and your health. PSWSs are able and willing to talk over guidance issues with pupils in school and with parents at reviews during the school year.

We hope you find this information helpful and would encourage you to talk to staff as much as you need to help you reach the right decision for you.

We wish you every success.



"Education is not the filling of a pail but rather the lighting of a fire."

William Butler Yeats.



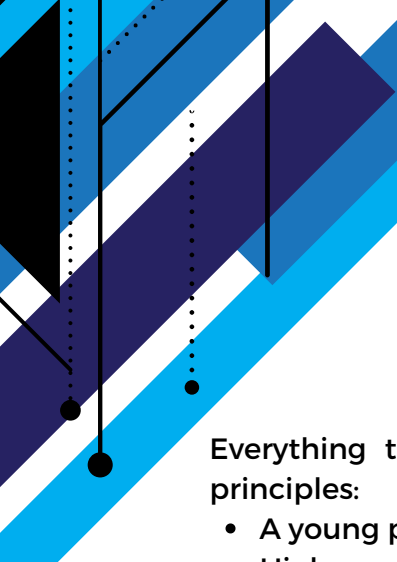
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# ENGLISH

Everything that we do, including the English curriculum, is based around two core principles:

- A young person's history is not their destiny;
- High academic expectations and high levels of care are not mutually exclusive aspects of education but reinforcing principles that allow pupils to flourish.

This curriculum is designed to approach English as a subject discipline, which, through study and perseverance, allows students to think and write critically and independently. This in turn will allow students to achieve academically, and on a personal level, to live a hopeful life as resilient and confident people who use their voice, just as the writers they will meet have done with such success.

This is a knowledge-led curriculum which incorporates a clear understanding of skills as the application of knowledge. The knowledge and skills that students need to be successful both as life-long/future learners and lovers of English, and learners who are successful in their KS4 assessments are at the heart of this curriculum: we recognise that both are vital.

The overarching aim for English in the national curriculum is to promote high standards of language and literacy by equipping pupils with a strong command of the spoken and written word, and to develop their love of literature through widespread reading for enjoyment. The national curriculum for English aims to ensure that all pupils:

- read easily, fluently and with good understanding
- develop the habit of reading widely and often, for both pleasure and information
- acquire a wide vocabulary, an understanding of grammar and knowledge of linguistic conventions for reading, writing and spoken language
- appreciate our rich and varied literary heritage
- write clearly, accurately and coherently, adapting their language and style in and for a range of contexts, purposes and audiences
- use discussion in order to learn; they should be able to elaborate and explain clearly their understanding and ideas
- are competent in the arts of speaking and listening, making formal presentations, demonstrating to others and participating in debate.

A qualification in English is a prerequisite for all the courses of post-16 study.

# ENGLISH

## OUTLINE OF THE ENGLISH LANGUAGE (8700) GCSE COURSE:

### **Paper 1: Explorations in Creative Reading and Writing (Written Exam 50% of GCSE)**

#### **Section A: Reading**

- one literature fiction text

#### **Section B: Writing**

- descriptive or narrative writing

### **Paper 2: Writers' Viewpoints and Perspectives (Written Exam 50% of GCSE)**

#### **Section A: Reading**

- one non-fiction text and one literary non-fiction text

#### **Section B: Writing**

- writing to present a viewpoint

### **Non-examination Assessment: Spoken Language**

Speaking and Listening, now called Spoken Language, is assessed separately as either a Pass, Merit or Distinction. Students have to give a short presentation about a subject of their choice in order to gain their overall English Language qualification.

## OUTLINE OF THE ENGLISH LITERATURE (8702) GCSE COURSE:

### **Paper 1: Shakespeare and the 19th Century Novel (Written Exam 40% of GCSE)**

**Section A Shakespeare:** students will answer one question on their play of choice. They will be required to write in detail about an extract from the play and then to write about the play as a whole.

**Section B The 19th-century novel:** students will answer one question on their novel of choice. They will be required to write in detail about an extract from the novel and then to write about the novel as a whole.

### **Paper 2: Modern Texts and Poetry (Written Exam 60% of GCSE)**

**Section A Modern texts:** students will answer one essay question from a choice of two on their studied modern prose or drama text.

**Section B Poetry:** students will answer one comparative question on one named poem printed on the paper and one other poem from their chosen anthology cluster.

**Section C Unseen poetry:** students will answer one question on one unseen poem and one question comparing this poem with a second unseen poem.

Exam board: AQA



### **What makes us passionate about our subject? (Intent)**

Mathematics is a creative discipline that has evolved over centuries to provide solutions to problems both great and small. Maths is an essential tool in many other subjects, providing areas such as engineering, technology and science with the ability to solve problems, and a solid functional level of Maths is also crucial in almost every form of employment. At The Pilgrim School we intend to increase the ability to develop reasoning skills, appreciate the place of Maths in our surroundings, and ultimately develop a sense of understanding, enjoyment and curiosity about the subject. As a department we pride ourselves in every student leaving with at least one meaningful Maths qualification ranging from Function Skills Entry Level to GCSE Higher, and our curriculum is designed with this in mind.

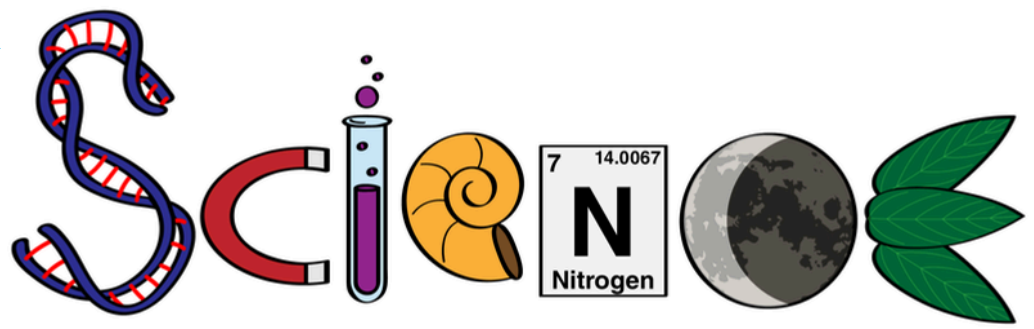
### **What do our students gain by studying our subject? (Impact)**

The Mathematics curriculum aims to ensure that all students become fluent in the foundation aspects of Mathematics, so that they can go on to develop conceptual understanding and the ability to recall and apply knowledge rapidly and accurately in Year 10 and beyond.

Lessons will require students to answer questions by applying Mathematics, including breaking down problems into a series of simpler steps and persevering in seeking solutions. Although the profile of our students at The Pilgrim School often means they have missed a number of topics in the past, the size of our classes and our ability to provide a subject specialist for every Maths lesson means we can accelerate their learning, and more students are currently studying Higher GCSE topics than ever before.

Students at all levels will gain an appreciation of the real-life applications of the mathematics that they are studying, using A03 resources largely sourced from the NRICH program, a collaborative project between the Faculties of Mathematics and Education at the University of Cambridge led by Dr Ems Lord, a former Pilgrim teacher. Students will also be encouraged to reason mathematically by following a line of enquiry, discovering relationships and generalisations, and by developing an argument or proof using mathematical language.

Exam Board: Edexcel, although students who join us late in Y11 can sit alternatives at GCSE such as AQA and OCR.



### **Why Study Science?**

Are you curious? Have you ever wondered how your heart works? Have you ever wondered how the warmth from the Sun reaches the Earth? Have you ever wondered how climate change has happened? Science is relevant to everything we see and do in the world around us – it's not just important for a career in Science, but for you to understand how things work in your future lives.

A career in Science is available and accessible to everyone. Scientists work in so many fields to try to improve the life of humans and animals together with looking after the health of the planet. Some scientists work in research, perhaps working on the cure for cancer or developing the technology for the next generation of electric cars or inhabiting Mars and other planets. Other scientists may be working in hospitals, as weather forecasters, dieticians, marine biologists, forensics, sports scientists, even teachers, writers, architects and journalists. The careers in Science are endless!

### **What courses are available?**

Science education and qualifications should be available and accessible to all students. Therefore, we offer various courses to suit all abilities and learning styles.

### **GCSE Combined Science (2 GCSES)**

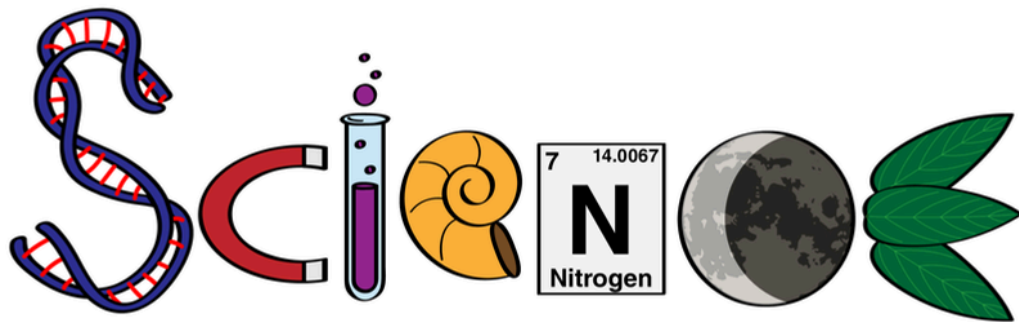
We offer the Edexcel Combined Science route which leads to 2 GCSE qualifications. This is made up of 6 units, 2 from each area of Science - Biology (B1, B2), Chemistry (C1, C2) and Physics (P1, P2). Within the units are mandatory practical work which you will complete during the course.

### **Assessment:**

The exams will take place at the end of the course in the Summer term of Year 11. There are 6 exam papers – 2 for each of the Sciences. Each paper is 1 hour and 10 minutes. These are a mixture of multiple choice, short answer questions and longer answer questions. Students are tested on their subject knowledge, application of their knowledge to different scenarios and on their general practical skills, including questions around the mandatory practical experiments.

Exam Board: Edexcel





### Biology Units (B1 and B2)

Biology is the study of all living things. In your Biology GCSE you will start by studying Biology Concepts which will support your understanding of the rest of the course. In this unit you will learn about the structure of cells and how substances move in and out of cells, before moving on to learn about cell processes in more detail. Moving through the Biology units, you will also learn about genetics and how genes are used in the natural world as well as to benefit humans, together with the human body, diseases and how we can develop medicines to prevent and treat these. Plants are a vital part of our living world. You will study the way a plant functions and how they take part in natural cycles and ecosystems.

Supporting your learning in Biology there will be a range of practical tasks including learning the skills to use microscopes and making slides correctly, extracting DNA and investigating photosynthesis.

- Key concepts in biology
- Cells and control
- Genetics
- Natural selection and genetic modification
- Health, disease and the development of medicines
- Plant structures and their functions
- Animal coordination, control and homeostasis
- Exchange and transport in animals
- Ecosystems and material cycles



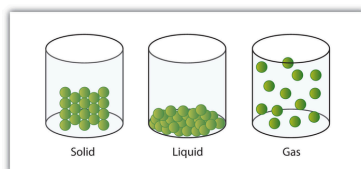
### Chemistry (C1 and C2)

As with Biology, you will begin learning the key concepts for Chemistry such as the structure of the atom and bonding before moving on to investigating Chemical Changes and different chemicals in the Periodic Table. You will learn about some of the natural processes that have shaped the Earth's atmosphere and how our use of fossil fuels contributes to climate change. You will also learn about how we obtain and use the Earth's natural resources for the manufacture of materials, and how this affects the environment and society.

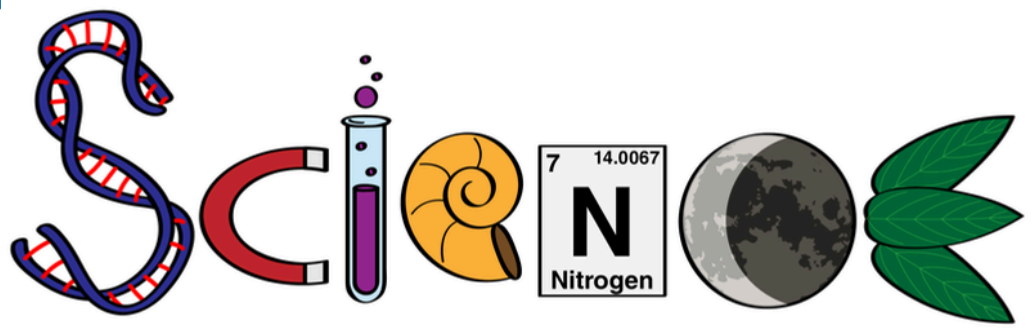
To support your understanding of Chemical Reactions you will take part in a range of practical work including investigating the rate of reactions.

To support your understanding of Chemical Reactions you will take part in a range of practical work including investigating the rate of reactions.

- Key concepts in chemistry,
- States of matter and mixtures
- Chemical changes
- Extracting metals and equilibria
- Groups in the periodic table
- Rates of reaction and energy changes
- Fuels and Earth science





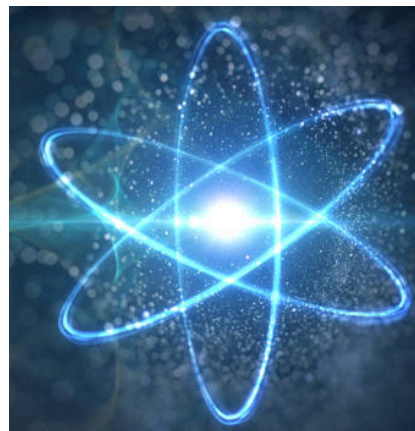


### Physics (P1 and P2)

In the Physics units you will begin with learning about the big ideas in Physics such as Forces, Energy and Waves. As you move through the Physics units you will learn about electricity, waves and how different particles interact to help to build the world we live in.

You will also carry out a range of practical to support your learning and learn the steps needed to carry out effective scientific investigations, analyse data effectively and evaluate to improve further.

- Motion and forces
- Conservation of energy
- Waves
- Light and the electromagnetic spectrum
- Radioactivity
- Energy - Forces doing work
- Forces and their effects
- Electricity and circuits
- Magnetism and the motor effect
- Electromagnetic induction
- Particle model
- Forces and matter



### Entry level Science (ELC)

This qualification includes the same topics as GCSE Combined Science but there are no final exams. It is designed so that it can be co-taught alongside GCSE Combined Science with the same topic structure and content to enable students to easily progress from ELC to GCSE if appropriate. They can then be entered for just ELC, GCSE or both. ELC students are assessed through mini tests throughout the qualification. Depending on how many of these they complete and their mark, depends on the grade for the final qualification – Entry Level 1, 2 or 3.

### Assessment:

There are 6 externally set tests which are marked by the teacher. These consist of multiple-choice, short answer questions, graphical and short-open response questions, and calculations.

There is no set time for when each test is completed or how long the student takes to complete each test.

PSHE and Careers is a core part of your timetable for key-stage 4 and considered really important for learning how to keep safe and healthy and prepare for continuing education, apprenticeships, training and careers when you leave The Pilgrim School.

### **What Is PSHE And Careers?**

You will continue to build on learning from key stage 3. For approximately 4 terms each year you will study from the theme of health and wellbeing or from the theme of relationships. For two terms you will focus on the theme of careers education.

In addition there will be events, experiences, visits, workshops and tutorials from all 3 themes throughout the key stage.

### **Why PSHE And Careers is Important For Everyone**

This programme will help you build knowledge, understanding and skills necessary to lead healthy and safe lives. You will extend and develop understanding of managing your mental and physical health and well-being. You will learn more about enjoying safe, responsible and healthy relationships and staying safe in the real world and on-line. A very important part of the course is sign-posting and learning where to go for further information, advice and support for health and relationships. In careers you will learn what opportunities are available to you at 16 and beyond in the world of work and different pathways and opportunities into different sectors. You will learn how to access different opportunities and make applications. You will be well supported along the way.

### **Topics You will study In PSHE**

- Healthy relationships
- Managing healthy and intimate relationships
- Seeking support with controlling and abusive relationships
- Online relationships
- Safety online
- Contraception
- Healthy lifestyles
- Managing own health and wellbeing
- Sexual health
- Mental health and emotional wellbeing
- Personal safety
- Fertility and pregnancy

### **How Will I Be Assessed?**

There is no examination in PSHE or careers but you will be assessed throughout the course and given grades against national outcomes for PSHE. At the end of topics you will be graded as 'working towards national outcomes', 'meeting national outcomes' and exceeding national outcomes.

### **Careers you will study**

- The job market
- Career and pathways
- Job search
- Evaluation of own skills
- Preparing for work
- Post 16 provision
- Making applications
- Preparing for interview

# MODERN FOREIGN Languages



## Why study a modern foreign language?

The best thing about learning a language at GCSE is the chance to develop everything you have already been learning so far and more! We cover the basics when we first start to learn a language but the GCSE course allows you to be able to express yourself in even greater depth in your chosen language. You will leave year 11 feeling confident at introducing yourself in that language, right through to discussing the pros and cons of technology and understanding information about important social and global issues. Studying a GCSE language not only gives you a fantastic qualification, admired and valued by future employers, but it gives you a greater understanding of the world around us, not to mention excellent communication skills. Languages can take you on to further study, be an asset to securing the job that you want or the foundation for learning new languages as an adult- there really are endless possibilities!

## What will I study?

You can choose a GCSE in French and/or German and we follow the AQA specification, which consists of three themes, which are taught across years 10 and 11. You will need to have studied these languages for at least part of your KS3 studies before continuing at GCSE. If you have not, and you are still interested in gaining a language qualification, please talk to a member of staff as the FCSE (level 1) may be the right pathway for you.

The themes for the GCSE are as follows:

- Theme 1: People & lifestyle
- Theme 2: Popular culture
- Theme 3: Communication and the world around us

## How will I be assessed?

You will be assessed across four skills at the end of year 11: Speaking, Listening, Reading & Writing. All the four skills are equal and each account for 25% of your final grade.

Currently there are two tiers for assessment in MFL and the tier you enter will be decided upon with your teacher, who knows you best. The tiers are as follows:

- Foundation tier: targeting grades 1-5
- Higher tier: targeting grades 4-9



## Why Study History?

History is continuously changing the world around us and historic events have helped to shape our society. GCSE History deals with big issues such as racism, discrimination, power, war, & terrorism.

GCSE History will help you to answer important questions such as:

- Why do wars happen?
- Why do we have a welfare system?
- How have we come to live in a multi-cultural society?

Learning about past events and the people who have influenced history will allow you to understand how the world got to the point it's at now and how it will continue to develop in the future.

## Skills:

Apart from studying a wide range of exciting historic periods, you'll learn a range of transferable skills that will help you with Post-16 study and future work. These include:

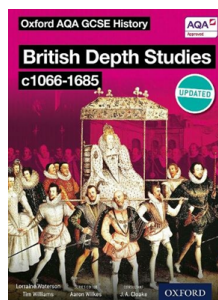
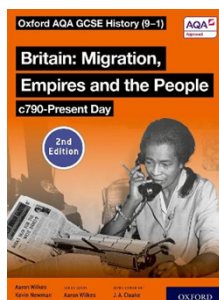
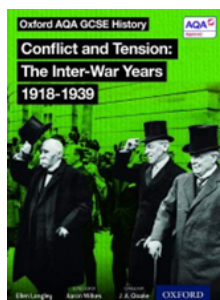
- excellent communication and writing
- how to construct an argument
- research methods
- investigative problem-solving
- analysis and interpretation

## Look ahead at possible future careers

Studying history can lead on to some exciting career options, including:

- Journalism
- Law
- Business
- Politics
- Archaeology
- Marketing
- Teaching

## AQA GCSE History: Course content



**Paper 1:**  
**Understanding the Modern World**  
2 hours - 50% of GCSE

**Paper 2:**  
**Shaping the Nation**  
2 hours - 50% of GCSE



### Why study Psychology?

Psychology is one of the most interesting and dynamic fields in the world currently. In part due to the growing awareness of mental health issues. Studying GCSE psychology is an excellent way to give yourself a foundational knowledge of how the human mind works, understand social behaviour and human development. As Psychology is a broad discipline, you will cover many areas including cognitive development, clinical and social behaviour. This can be further broken down into learning about memory, perception, communication and social influence. You will also explore neuropsychology, psychological problems and the impact on the human mind. This course will also introduce you to the fundamental concepts of the subject, developing your critical analysis, independent thinking and research skills.

### What topics are involved?

The course is split into two sections; Cognition and Behaviour and Social Context and Behaviour.

#### Paper 1: Cognition and behaviour

- Memory
- Perception
- Development
- Research methods



#### Paper 2: Social context and behaviour

- Social influence
- Language, thought and communication
- Brain and neuropsychology
- Psychological problems



### How is GCSE Psychology assessed?

2 written exams which are 1 hour 45 minutes each with a mixture of multiple choice, short answer and extended writing.

Exam Board: AQA



# GCSE ART

## Why study AQA GCSE Art and Design?

Studying Art and Design will help you to develop intellectual, imaginative, creative and intuitive skills. You will have the opportunity to investigate, experiment, develop practical skills as well as aesthetic understanding and critical judgement. Yet perhaps more valuable than anything, you will enjoy opportunities to develop independence of mind, explore your own ideas, refine your skills and produce personal outcomes.

## Who is this course for?

If you enjoy art and design and would like to develop your practical and creative skills then this course is ideal for you. It's also a good starting point for people wishing to study art and design to a higher level.

## Outline of the specification Art and Design:

**Unit 1** - Create a portfolio of work selecting from work undertaken during the course. The portfolio must include more than one project. This is worth 60% of the overall grade.

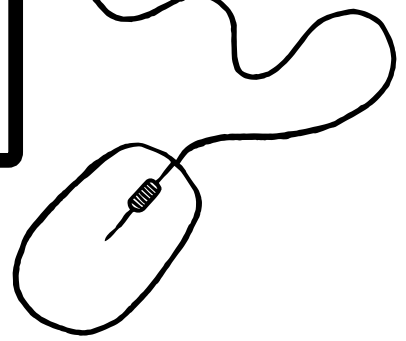
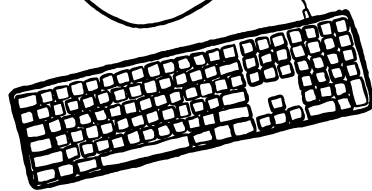
**Unit 2** - Externally set exam unlimited prep time and a 10hr sustained focused exam over two days to create the final outcome. This is worth 40% of the overall grade.

## Skills students will develop throughout the course:

- Develop their ideas through investigations informed by selecting and critically analysing sources.
- Refine their ideas as work progresses through experimenting with media, materials, techniques and processes.
- Record their ideas, observations, insights and independent judgements, visually and through written annotation, using appropriate specialist vocabulary, as work progresses.
- Use visual language critically as appropriate to their own creative intentions and chosen area(s) of study through effective and safe use of:
  - Media
  - Materials
  - Techniques
  - Processes
- Realise personal intentions through the sustained application of the creative process
- Use drawing skills for different needs and purposes, appropriate to the context



# ICT



In year 10 & 11 students will have the opportunity to study the BTEC level 2 IT Users course. Depending on start date, attendance and ability to work independently, students will have the opportunity to complete either the Award (3 units) or the Certificate (4 units).

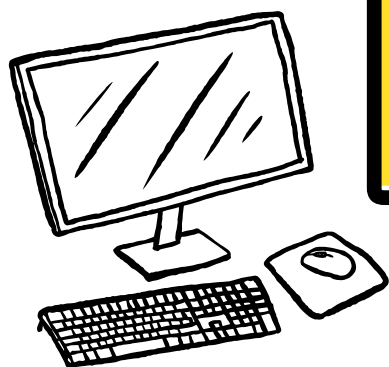
The BTEC course we offer is designed to develop the following skills:

- **Employability skills:** The up-to-date content is interesting, and gives learners important employability skills
- **Excellent progression:** There are clear progression pathways for learners whatever their starting point.
- **Flexibility and choice:** With two sizes we offer (three in total), and it can be customized to suit learners' needs and interests.
- **Clear assessment:** There are no tests or formal examinations. The units are highly practical and emphasis 'doing' rather than 'writing about'. This said, written evidence is required and where possible units have been selected so that there is opportunity for evidence to be used on more than one occasion. Also evidence can be selected and submitted that has been produced in other subject areas.

The BTEC Level 2 IT Users Course we offer comes in two sizes – Award and Certificate. The hope and aim for all our students is that they can complete the Certificate. It is a Level 2 Course.



# ICT



Learners achieve credits for the units they complete. The table below shows the credits for each unit and the minimum required qualification credit value.

Unit	Title	Credit	Level	Award	Certificate
201	Improving Productivity Using IT *Mandatory unit*	4	2	Minimum credit value required - 10	Minimum credit value required - 16
220	Design Software	4	2		
221	Imaging Software	4	2		
225	Presentation software	4	2		

During each unit students compile a portfolio of evidence, in a digital format where possible, to demonstrate their competence. There are no formal written examinations and portfolios are internally assessed.

The Presentation Software Unit can be used as a method of showcasing work produced during the course.



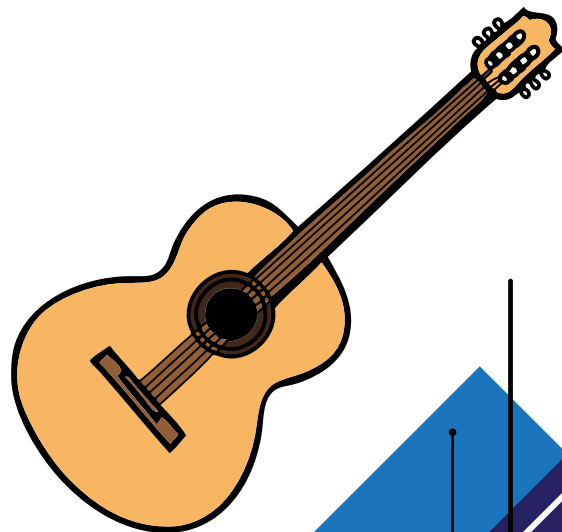
# MUSIC & PERFORMING ARTS

Our Rockscool vocational qualifications are designed to provide a vocationally-relevant education in contemporary music, aimed at beginners through to more experienced musicians and performers and have replaced what was BTEC music.

Whether you are aspiring performers, composers, entrepreneurs, just enjoy making music on the computer or a combination of all of these – Rockscool music will give you the opportunity to apply your creativity in a practically-focused manner.

All assessment is done internally and in general, the types of evidence required of learners may include:

- Participation in public performance events (organiser and/or performer)
- Written and recorded (performed) musical compositions
- Assignments and/or musical project work
- Reports identifying specific skill development
- Business plans
- Rehearsal and/or recording logs
- Diagrams/Graphs
- Illustrations/Screenshots
- Recorded Discussions
- Simulation
- Tutor observation
- Video evidence of discussion/performance/composition
- Witness statement



# MUSIC & PERFORMING ARTS

We are offering Level 2 in Music and Creative and Performing Arts and these are the units available. You have to choose one core and then two or 3 optional units depending on your chosen 'pathway' -

RSL Level 1 Certificate in  
Performance for Music Practitioners  
603/3305/4

MUSPRA 119 Live Music Performance  
107 Listening to music  
112 Exploring a career in music  
111 Event Production  
121 Improving instrumental performance  
116 Creating Music with mobile technology

RSL Level 2 Certificate in  
Performance for Music Practitioners\*  
603/3303/0

MUSPRA 231 Live Music Performance  
202 Composing Music Style  
209 Music artist and you  
221 Organising a Music Event  
227 Creating music with mobile technology  
220 Careers in music  
205 Composing music for media

RSL Level 1 Certificate in Creative and  
Performing Arts

CAPA 101 Live Performance  
106 Performing text  
108 Reading for performance  
115 Dance technique and performance 1  
116 dance technique and performance 2  
136 Make up and prosthetics  
105 Musical Theatre production  
126 Solo music performance

RSL Level 2 Certificate in Creative  
and Performing Arts

CAPA 201 Live Performance  
216 Solo performance  
206 Acting for camera  
217 Stand up comedy  
261 Starting a business in the arts  
264 Costume design  
269 Make up and prosthetics  
283 Dance on camera  
227 Dance technique and performance 1  
226 Dance in the community  
211 Musical Theatre Performance  
245 Solo music performance

# MUSIC & PREFORMING ARTS

## Rockschool Vocational Performing

This suite of qualifications has been designed to equip learners with the skills, knowledge and understanding for entry to employment in the creative and performing arts industries or progression to further study at a higher level. The qualifications aim to offer practical structured learning with the flexibility to specialise in different disciplines directly relevant to employment within the creative and performing arts industries, including performing and non-performing fields. The qualifications focus upon the recognition of achievement through performing and creative skills, business skills and technical skills, as well as offering flexibility of unit combination.

### Rockschool Vocational Performing Arts level 1 unites

Live Perormance  
Performing text  
Reading for Performance  
Dance technique and Performance 1  
Dance Technique and Performance 2  
Make up and Prosthetics  
Musical Theatre Production  
Solo Music Performance

### Rockschool Vocational Performing Arts level 2 unites

Live Performance  
Solo Performance  
Acting for camera  
Stand up comedy  
Starting a business in the arts  
Costume Design  
Make up and prosthetics  
Dance on camera  
Dance technique and performance 1  
Dance in the Community  
Musical Theatre Performance  
Solo Music Performance

## Possible career progressions include:

- Actor / Presenter / Entertainer / Comedian / Acting Teacher
- Choreographer / Dancer / Dance Teacher
- Musical Theatre Performer / Singer / Songwriter / Recording
- Artist / Musical Theatre Teacher

# BTEC SPORT

## What is the qualification?

The Pearson BTEC Level 1 Introductory Award, Certificate and Diploma in Sport are designed around practical skills and tasks that place an emphasis on learners demonstrating what they can do. The qualifications give learners the opportunity to acquire and develop generic, transferable and sector-specific skills to complete tasks and demonstrate a level of achievement that enables them to progress to further learning.

## Who is the qualification for?

The Pearson BTEC Level 1 Introductory Award, Certificate and Diploma in Sport are primarily for all learners who want to continue their education and develop their skills for progression to further learning and, ultimately, to employment.

## What could this qualification lead to?

These qualifications prepare learners for further learning at a higher level in sport. The development of transferable skills means that learners can also choose a study programme from alternative sectors. For example, these qualifications in sport could lead to Pearson BTEC Level 2 qualifications in this sector, or to the Pearson BTEC Level 2 Apprenticeship in Activity Leadership, or to Level 2 qualifications in other sectors.

## Units could include...

- Being Organised – a compulsory unit
- Career Progression – a compulsory unit
- Training for Fitness
- How Exercise Affects The Body
- Coaching Skills in Sport
- Keeping Active and Healthy
- Contributing to Running a Sports Event



## How will I be assessed?

There is no examination. Assessment will take place through written and practical tasks at the end of each unit. You will be awarded a level 1 pass, merit or distinction grade for each unit assessment. This will then produce an overall grade for the qualification. This is comparable to a level 3 Grade at GCSE.



# Vocational Studies



## What is BTEC Level 1 Certificate in Vocational Studies?

BTEC Level 1 Certificate in Vocational Studies is a one or two year programme of study offering you the opportunity to investigate different vocational areas. The vocational areas that you can study may include Catering & Hospitality, Sport, Health & Social Care, Childcare, Animal Care, Horticulture, The Arts and Public service for example. Different options will be available dependent on facilities and resources. Through studying a variety of vocational options it is hoped that you will widen your knowledge enabling you to make informed career choices for the future.

## Who is The Qualification For?

Students following this course can enjoy choice and variety from the mixture of units on offer. This course will give you a taste of what different vocational courses can offer at level 2 and 3 and in the world of work. You will also learn to develop and use transferable skills that can be applied in all academic, vocational and real life situations.

## Is the BTEC Level 1 in Vocational Studies suitable for me?

This course is very much based on practical learning and demonstration. You will be taught in small groups and be able to access support to complete learning and assessments. You will be able to present your learning and assessments in a variety of ways, for example as annotated images, leaflets, reports, power points, practical demonstrations and oral discussions. You will be able to work at your own pace and with flexibility but you will need to complete assessment tasks for deadlines during the course.

## Units Studied could include:

- Being organised – compulsory
- Career progression – compulsory
- Investigating a crime scene
- Animal care
- Child care
- Creating a mood board
- Growing plants
- Being Active and healthy
- Organising an event
- Preparing and cooking food

## How will I be assessed?

There are no examinations. You will study 5 units and complete an assessment task at the end of each unit. **You are only assessed on the assessment task.**

You will be awarded a level 1 **pass, merit or distinction**. This will inform the overall grade for the qualification at the end of the course. Depending on the unit you will be assessed in various ways such as by oral presentations, video films, written work, annotated images and practical activities.



# PERSONAL DEVELOPMENT

Wednesday afternoons are dedicated to enrichment at each Pilgrim School base and pupils can access a range of options:

## **WOW (Wellbeing on Wednesday)**

This bespoke program has been created and is led by Pastoral Support and Welfare Specialists. It incorporates activities and tasks planned to build knowledge and skills in the following areas:

Aspirations and goals	Next Steps, Goal setting, Pathways thinking
Self-concept	Self-awareness, Self-confidence, Reframing adversity
Safe, secure base	Belonging, Support networks, Staying safe
Emotional regulation	Coping strategies, Emotional literacy
Understanding of relationships	Healthy relationships, Teamwork , Social development
Independence and life skills	Travel, Time management, Communication skills, Problem solving
Experiences that challenge	Risk taking, Resilience, Perseverance, Success
Community engagement	School, local and wider community involvement
Healthy Lifestyles	Emotional health, Physical health, Accessing support

The program is planned over the course of an academic year but can be repeated multiple times as pupil's knowledge and experience grow. Sessions are informal and a mix of in house and external resources and activities.

## **Volunteering**

Over a school term, small groups of pupils are supported to volunteer in their local area in venues such as care homes, local animal shelters, food banks or recycling projects. We have found it difficult to source placements since COVID but hope to establish new links soon.

## **Catch up sessions (year 11 only)**

In addition to the personal development offer, year 11 students are given the opportunity to attend catch up sessions in Maths, English and Science after February half term.

# WOW!

# PERSONAL DEVELOPMENT

## Life Skills

This is a new venture for 2023-24. Sessions will focus on learning the skills needed to be independent citizens. Tasks will be varied but will include planning journeys, visiting a launderette, rewiring plugs and managing money.

## Duke of Edinburgh Award Scheme

A DofE programme is a real adventure from beginning to end. It doesn't matter who you are or what your hobbies are. You just need to be aged between yr9 and 24 and realise there's more to life than sitting on a sofa watching life pass you by.

## Levels

You can do programmes at three levels, which when completed, lead to a Bronze, Silver or Gold Duke of Edinburgh's Award. At the Pilgrim School we aim to complete bronze and possibly make a start on silver.

## Sections

You achieve your Award by completing a personal programme of activities in four sections (five if you're going for Gold) – Volunteering, Physical, Skills, Expedition and for Gold, a Residential.

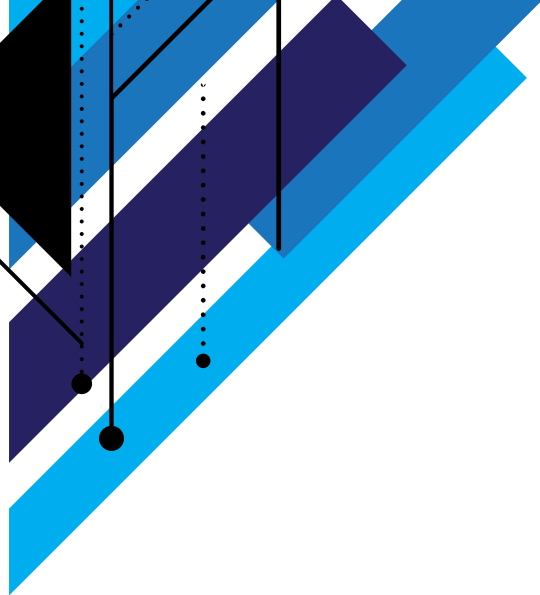
You'll find yourself helping people or the community, getting fitter, developing skills, going on an expedition and taking part in a residential activity (Gold only).

DofE is incredible on your CV and is not only a qualification to 'Pad out' your CV but is so highly recognised it may give you an advantage.

During your sessions in school we will: put up tents, cook on a variety of camp cookers, learn about all the equipment, develop map and compass skills, complete practise walks, section catch up weeks, First Aid, Risk and Safety management, problem solving and team work.

DofE is also something you can continue at college, youth groups or university in your future. For further information please contact Dave Anderson or your academic link.





THE  
**Pilgrim**  
SCHOOL

